

Adult

Learning

Information

Contents

Nottinghamshire County Council	3
Framework	4
Rufford Craft Centre	4
Lincoln College.....	5
Life Education Centres Nottinghamshire.....	6
Workers Education Association	7
Volunteer Centre—Newark & Sherwood.....	7
Personal Learning Consultancy	8



Exciting Family Learning in your Community

Sue Nelson, 01632 836796 or suenelson@dukeries.notts.sch.uk

Workshops

2-3 hours

- Stand alone introduction to family learning inclusive of an activity
- Themed work that links with learners interests, curriculum or school projects
- Can be joint parent/carer and child or just for parents
- Age ranges from early years to senior schools

Introductory Programmes

9-12 hours

- Is for parents to encourage their understanding of how children learn
- Activities to make learning aids to take home/use in school
- Can be delivered to a theme

Longer Programmes

30-60 hours

- Can be sports, health focussed or school theme
- Can be delivered to any timescale
- Excellent way to target dads/parents that work
- Can be supported by ILT
- Can be planning and participating in activities/trips
- Can be environmental study
- Accredited with National Test

Adult & Community Learning

Sue Nelson, 01632 836796 or suenelson@dukeries.notts.sch.uk

- Computing for the Terrified
- OCN Level 1 Digital Imaging



Volunteering

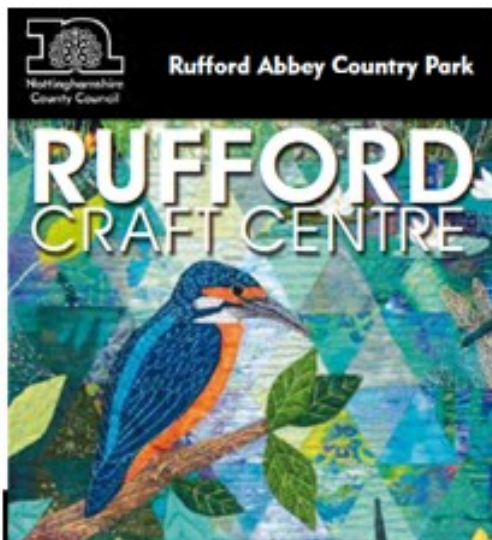
Education Volunteering Employment 0800 111 4262 or
volunteering@frameworkha.org

Volunteering opportunities to meet new challenges and new people, develop a range of skills and experience

Helping Hands

Helping Hands 0800 111 4262 or
helpinghands@frameworkha.org

If you experience mental health problems and would like to find employment, personalised one-to-one support



Helen Ackroyd 01623 821312 or
artsadmin@nottscc.gov.uk

Schools Education Pack



Adult Community Courses September 10
01522 876258 or communityeducation@lincolncollege.ac.uk

- Money Made Clear (Free)
- Steps to that Perfect Job (Free)
- Creative Craft (£25 per 10 weeks)

Lincoln College Adult Courses September 10
01522 876258 or communityeducation@lincolncollege.ac.uk

- Open Door (Free 10 week course)
- Family Values (Free)
- First Aid for young Children (Free 5 week course)

Lincoln College Maths and English Courses (Free) at local
community venues September 10
01522 876258 or communityeducation@lincolncollege.ac.uk

Lincoln College Adult Community Courses September 10 01522
876258 or communityeducation@lincolncollege.ac.uk

- ICT Easy
- Basic Spanish and French

N S C V S

Working with the Community for the Community

Abby Leese 01636 707418 or volbureau@nandscvs.org

Volunteer Information Pack

coram 
Life Education

...helping children make healthy choices ^{enter}



Delivery In the Mobile Classroom

- | | |
|------------------------------------|---------------|
| • Talking Care of Myself – Age 3-4 | 30 Mins |
| • All About Me – Age 4-5 | 45 Mins |
| • My Wonderful Body – Age 5-6 | 1 Hr |
| • Feelings – Age 6-7 | 1 Hr |
| • Meet the Brain – Age 7-8 | 1 Hr |
| • It's Great to be Me – Age 8-9 | 75 Mins |
| • Friends – Age 9-10 | 90 – 12- Mins |
| • Decisions – Age 10-11 | 90 – 120 Mins |

Assembly Programme for Year 1

Assembly Programme for Year 5

Seven Steps to Stress-Free Parenting

Family Seal

Sarah King 07967 652951 or sarahking@lecn.co.uk

8 Weeks

4/8 Weeks

Workshops Week-by-week

Sarah King 07967 652951 or saraking@lecn.co.uk

- Intro Week
- Increasing Desirable Behaviour
- Decreasing Undesirable Behaviour
- Children's Health & Wellbeing
- Drug Awareness
- Stress Management
- What Else?
- Aromatherapy

Lindsey Task 07760 337893 or ltasker@wea.org.uk

- Social Media and how to set up a blog on your own 10 x 2 hrs
- Write Your Life Story 8 x 2 hrs
- Gardening/Grow Your Own for Beginners 5 x 2 hrs or 10 x 2 hrs
- Basic Joinery 5 x 2 hrs or 10 x 2 hrs
- A Taste of Teacher 6 x 2 hrs
- Eco/Recycling Craft Making 10 x 2 hrs
- Scrapbooking 10 x 2 hrs
- Card Making 10 x 2 hrs
- Homemade Presents 10 x 2 hrs



Personal Learning Consultancy

Kate Stubbings 01159 631600/07809 461375 or
kate.stubbings@personal-learning.org

Workshops 2-3 hrs
Introductory Programmes 9-12 hrs
Longer Programmes 30-60 hrs

PCDL 2010/2011

- Woodcrafts
- Arts and Crafts
- Computer Skills
- E Safety
- Small Animal Care
- Basic Business Skills
- Reading for Pleasure
- Digital Photography
- Make the Most of your Images
- Environmental Activities
- Make Over