



**Active Community Collaboration:
Effective Shared Support**

'Extended schools are at the heart of the delivery of Every Child Matters, improving outcomes and raising standards of achievement for children and young people'

Welcome to the first issue of the Tuxford Family of Schools newsletter

"Our aim is to make a difference to the whole community by increasing awareness of the opportunities available."

**N
E
W
S
L
E
T
T
E
R**

Peer Massage in School

Staff from six schools in the Tuxford Family attended a half day training at Tuxford Primary School on June 27th led by the Nottinghamshire Holistic Health Team on the benefits of introducing peer massage techniques to primary age pupils.

The Massage in Schools Programme was introduced to the UK in December 1999 and is now being used in schools across the country. Tuxford Primary School will be taking part in a pilot project in October/November 2008 led by an instructor from the Holistic Health Team. The Instructor will teach the children and their teacher the "Weather Massage" checking they are comfortable with the movements and routine before returning a month later to check on the progress of the group. The clothed massage is:

- for children aged 4-12 years old
- given by children, to each other
- on the back, head, arms and hands
- given and received with the child's permission
- 10-15 minutes daily

Research to date shows the benefits are:

- children become calmer
- improved concentration
- more confidence
- helps children to recognise "good" and "bad" touch
- better motor skills
- teaches respect of self and others
- reduces bullying and aggression
- the teacher benefits from a calmer classroom

MESSAGE IS FUN AND ENJOYABLE!

There may be an opportunity to extend peer massage activities to the rest of our schools in the Tuxford Family if there is sufficient interest. **Talk to your child's school if you would be interested in pursuing this initiative to promote your child's physical and emotional wellbeing.**



What's happening and why?

EVERY CHILD MATTERS

The Government's Every Child Matters objectives are to ensure that children are:

Staying safe
 Healthy living
 Achieve & Enjoy
 Positive contribution
 Economic well-being

S H A P E

"Together we will help to SHAPE the future of our children and young people"

The Tuxford Family are developing Extended Services to meet the needs of children, their families and the wider community. By 2010 every primary and secondary school will be expected to offer access to the range of core offer services.

THE CORE OFFER



QUALITY CHILDCARE

Breakfast clubs
 Children's Centres
 After School clubs



SWIFT & EASY ACCESS

Information on Health
 Early identification & support
 Parent Support Advisers



PARENTING SUPPORT

Parent workshops
 Information sessions
 Transition advice



VARIED MENU

Homework clubs
 Arts sessions
 Sports activities



COMMUNITY ACCESS

Mother & Toddler
 School nurse drop ins
 Pilates & Yoga classes



Who are our Extended Services Coordinators?



Sarah Bingham & Barbara Burton -
 Extended schools curriculum leader

Sarah has recently been appointed by the Tuxford Family of schools to coordinate the provision of extended services across the family.

Barbara and Sarah will be supporting the schools to engage as effectively as possible, with the communities they serve.

Also engage partners to work effectively to support all children within the Tuxford Family of Schools.

The Tuxford Family is made up of the following schools

Dunham Primary
 01777 228383
East Markham Primary
 01777 870439
Elkesley Primary
 01777 838615
Gamston Primary
 01777 838631
North Clifton Primary
 01522 778609
Norwell Primary
 01636 636244
Queen Eleanor Primary
 01522 703428
St Matthews Primary
 01636 821217
Sutton on Trent Primary
 01636 821286
Tuxford Primary
 01777 870482
Tuxford School
 01777 870001

For further information contact any of the above schools or visit our website

www.tuxfordfamily.co.uk

Brazil Visitors "International Inspirations 2012"

Tuxford School recently hosted visitors from the Colegio Estadual Humberto Mendes in Brazil. The teachers spent a week in Nottinghamshire as part of the "Dreams and Teams" project managed by the British Council and Youth Sports Trust.



The partnership with Tuxford is part of the International Inspirations which supports sports education in developing countries in the build up to the next Olympics.

Tuxford School opens its Learning Resource Centre to the community.

Tuxford School LRC will now be open from 3:30pm until 5:00pm every Monday and Wednesday, during term time. Feel free to come and use all the facilities which include:

- Borrowing books
- Use of I-Pods
- E-Books
- Free Internet use
- Quiet reading time
- Expert advice from the Learning Resource staff

Please remember to sign in at Main reception.

If you are using the LRC for the first time, please bring some form of identification with you, e.g. drivers licence, utility bill etc.

FREE FAMILY FUN EVENT

To celebrate
National Parents' Week.

Thursday 23rd October at The
Elms Hotel, Retford
4-7pm

Activities include

- Face painting
- Circus skills
- Biscuit decorating
- Balloon modelling
- Dance taster sessions
- Art and craft
- Make your own bath product

*Art work from Y9 students
"What my parents mean to me"*



Nottinghamshire Families Information Service



Nottinghamshire Families Information Service (FIS) provides information about local services, support, publications and activities, including childcare for parents and carers of children and young people up to the age of 20years.

We can help you find:

- Registered childcare
- Activity groups for children and young people
- Free nursery education places for 3 and 4yr olds
- Help available for paying for childcare
- Information about working or training in childcare and early years education
- Information about your local Sure Start children's centres

Call us freephone: 0800 781 2168
Internet: www.childcarelink.gov.uk/notts
Email: fis@nottsc.gov.uk

SureStart

Tuxford Children's Centre









Crèche Booking
Required



Drop In



Autumn / Winter Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	<p>Little Learners (2½-3 Year Olds) 9.00-11.00am (Starting 15/09/08 For 10 Weeks) Tuxford Children's Centre</p> 	<p>Stay & Play 9.00-11.00am Tuxford Children's Centre</p> 	<p>Ready Steady Baby 9.30-11.30am Tuxford Children's Centre</p> <p>Baby Drop In Clinic 9.30-11.00am Tuxford Health Centre 01777 870115 (Every Fortnight)</p>	<p>Stay & Play 1.00-3.00pm Tuxford Children's Centre</p> 	<p>Baby Massage 9.30-11.30 (Starting 07/11/08 Every 4 Weeks) Contact Marie Soper or Kate Ogle for details) Tuxford Children's Centre</p>
AFTERNOON			<p>Baby Café 11.30-12.30 Tuxford Children's Centre</p> 		

Tuxford Children's Centre, C/o Tuxford Primary School, Newark Road, Tuxford, Newark, NG22 0NA Tel/Fax: 01623 861691

'A PLACE TO GO FOR A BRIGHTER FUTURE'